

**INVISALIGN INFORMATION AND CONSENT**

Invisalign® treatment outcomes and treatment timelines are dependent on the quality of the product from Align Technology (2 million cases, 97% patient satisfaction), the experience of your dentist in working with Invisalign®, and your level of participation in this process. We need your permission to be able to use all the components of the Invisalign® system, as well as your commitment to full time wearing of the aligners.

**Attachments**

For certain types of movements to be achieved, aligners need assistance in maintaining their grip on a tooth and therefore their ability to get the desired tooth movement. To accomplish this, Align Technology custom designs small tooth-coloured “bumps” that are temporarily and precisely bonded to some teeth to improve the effectiveness of the aligners. A small bubble in your aligner will correspond precisely to each of these attachments.

These attachments are visible but not too noticeable from conversation distance. They may be more noticeable on the upper front teeth but that is also where we want the highest level of finish detail, and hence the possible need to use them here.

- I agree to attachments on any teeth as needed

- I do not agree to attachments on the following teeth. Of course, teeth selected will not get the full benefit of the Invisalign® system. Please mark “x” on any teeth that you do not want attachments placed.

	Right								Left							
Upper	8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8
Lower	8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8

**IPR**

Interproximal Reduction (IPR) is filing between your teeth to create up to a quarter of a millimetre of space per tooth surface. Since this is the thickness of a few pieces of paper, it is generally not even noticeable. The filing is usually done with a thin strip of metal that has fine diamond particles embedded on one side. Dentists also use these strips to polish fillings between teeth so it is a process that you may have already experienced. It is similar to using dental floss or dental tape between your teeth.

IPR is very valuable because:

- A small amount of IPR on a number of teeth can create the space needed to correct crowding without extracting any teeth
- IPR reduces friction between tight teeth, facilitating movement.
- IPR can render better tooth shape and broader contact between teeth. This may be more stable, more aesthetic and may result in improved gingival and periodontal health
- IPR may be a successful alternative to extracting teeth to create space to realign your teeth.

**Your Commitment to Wearing your Aligners**

Tooth movement is a biological process stimulated by very light force (200 grams). However, efficient tooth movement requires that the light force be as continuous as possible. We have learned from our patients that full time wear (22 hours per day) is more effective than episodic wear. There are several reasons for this:

When you wear aligners all the time, you get used to them - they become your new 'normal' feel in your mouth

When aligners are worn full time, the bite changes temporarily as the teeth are moved. Therefore, when you don't have the aligner in place in your mouth, your teeth will feel strange when they bite together and may not contact together as you would have expected. So it is more comfortable with aligners in than out.

Part time wear means that the aligners are not working as effectively.

- Please initial here that you fully commit to wearing the aligners full time (just taking them out for meals and brushing) thereby maximising the potential of wearing aligners

- Please initial here confirming that you prefer getting some improvement with part time wear, but not the ideal results.

**Invisalign® conditions and costs**

- The ClinCheck simulation that you have seen is only a guide to what we can expect and not a guarantee of what will be achieved. Your compliance and care in looking after your aligners will help.
- Aligners should be worn for at least 22 out of every 24 hours to achieve the best results.
- There are 3 complimentary refinements available if needed at the end of the first round of treatment. Not everyone needs refinement, but many cases need at least 1.
- Lost aligners cost \$\_\_\_\_\_ to replace (if replacements are needed).
- Treatment must be continuous and review appointments kept, otherwise additional fees may be payable to put things back on track due to non-compliance. If this non-compliance is for a continuous period of more than 4 months, then full treatment fees may have to be charged again as it may be necessary to start the case again.
- Invisalign® Fee for your treatment is \$\_\_\_\_\_.
- Initial Payment of \$\_\_\_\_\_ is required at the impression stage.
- Progress payments of \$\_\_\_\_\_ per set of aligners we issue is required throughout the course of treatment until the balance is cleared.
- No refunds can be given for cases that are not completed for factors outside our control.
- Retention is a separate process to the Invisalign® treatment and incurs an additional fee. However, it is a crucial phase to keep your teeth in place after they have been moved during your treatment. We recommend a retention protocol of 16 hours a day for the first 8 months and then night-time wear indefinitely to prevent relapse. Typically, a set of Vivera retainers costs \$\_\_\_\_\_, but there are other options out there which we can discuss.
- We reserve the right to use our discretion in any of the above issues.

Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

**Refinement**

At the end of treatment, we may order further aligners for ensuring that the outcome with your smile is as close to being perfect as possible. With a "Invisalign® Go", there is one refinement available for free if ordered within 6 months of finishing the initial treatment.

- I understand there is a charge for additional sets of aligners ordered after my treatment has been completed and that there is a time limit for ordering more aligners.

**Retention**

At the end of the treatment, we recommend the use of retainers or else the teeth will shift and move back to the original position. We recommend "VIVERA RETAINERS" which can be purchased at an extra cost. They are a set of three retainers for each arch and every retainer has to be worn for 4-6 months.

- I understand, teeth can shift if retainers are not used enough to keep them fitting and that there are charges for extra retainers and for treating relapse.

Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_